



1st Degree Promotion Application

Month: _____ **Day:** _____ **Year:** _____

1024 Riverburch Parkway • Dalton, GA 30721 • 706-226-0855
 2563 Battlefield Parkway • Fort Oglethorpe, GA 30742 • 706-956-8410
 2643 N. Highway 27 • Lafayette, GA 30728 • 706-638-0502

Name: _____	Present Rank: _____
Address: _____	Birthdate: _____ Age: _____
City: _____ State: _____	Sex: M F
Zipcode: _____	Phone Number: _____

Parent: _____ Signature
 Student: _____ Signature

**TOTAL TESTING FEE= \$150 ----- PLEASE TURN IN TOTAL FEE 2 DAYS BEFORE TEST-
 NO REFUNDS**

Belt Size: _____ Name on Belt: _____ Uniform Size: _____

DO NOT WRITE BELOW THIS LINE. FOR EXAMINER USE ONLY.

PHYSICAL

Hand Techniques	Kicking Techniques	Kick Pad Drills	Forms	Board Breaking	Sparring

MENTAL

Attitude	Concentration	Culture & Terminology

<p style="text-align: center;">Examiner(s) Signature(s)</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p style="text-align: center;">Note to Testers:</p> <p>Forms: <u>Hwa-Rang</u> (29 Movements): Named after the Hwa-Rang youth group, which originated in the Silla Dynasty about 1350 years ago <u>Chung-Moo</u> (30 Movements): The given name to the noted admiral Yi Sun Sin of the Yi Dynasty</p> <p>Board Breaking: Hammer Fist (2 Boards) Jump Back Kick (2 Boards) Jump Spin Hook (1 Board) Spin Hook (1 Board-held at top)</p>
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