



## Personal Development Checklist

This checklist has been created for your convenience in viewing all your Personal Development Requirements at a glance:

- 1 Page Book Report. (Typed)
- 1 Letter of Recommendation
- 1 Letter mailed out
- Community Service – 8 Hours
- Perseverance – 400 Repetitions
- Healthy Habits – 5 Days of Keeping Track
- Meditation/Quiet Time – 60 Minutes