



Personal Development Requirements

Reading & Writing

Knowledge is a power and learning is one of the very best ways to acquire knowledge. Letter writing is an essential and powerful form of expression. Important forms of “mental self-defense”, reading and writing well are two of the traits that mark a champion. In this unit you have one task:

- 1) **Write a Letter** – These can be “Thank You” notes, letters to friends, grandparents or relatives.

Who did you write a letter to?

What did you write a letter about?

- 2) **Write a Report** – Type a one-page book report on the book you read as part of your Reading Requirement. Give an Overview of the book and describe how it impacted you personally. You can make notes on the book below. The book report is to be turned in along with the book at Promotion.

Do not forget to include your name and book title.

“I hear and I forget: I see and I remember, I write and I understand.” –Chinese Proverb